

Tips for Success

Developing Good Study Habits

Study Tips



- Time to study: plan a definite time to study each day and then study at that time. Try to keep this time consistent so that this becomes routine.
- Place to study: designate a place to study. Make sure there is good lighting, and plenty of room. It is also important for there to be quiet, and free of distractions i.e., TV, cell phones, computer... unless it is used for assignments.
- Materials for Study: make sure you have what you need...sharpened pencils, pen, ruler, agenda, notebook, textbooks.

Time Management Tips

• **Keep a schedule.** Make a weekly schedule that is visible in your child's place of study. It should give you more detailed information for important commitments and deadlines. Plan time for homework and other activities. Be careful not to overload your child's schedule with extra curricular activities which may interfere with homework and study time.

- Set priorities. Consider what assignments are most demanding and require more energy. Plan to tackle the tough things first.
- Overcome procrastination. Have a plan for how to handle any long term assignments, test and quizzes. Make sure to schedule time to do those in addition to regular homework. Take bigger assignments and break them into smaller, manageable steps.

Things to remember

 The agenda should be used for writing and monitoring homework assignments daily

 Utilize 9th period extra help on Tuesdays and Thursdays

Review notes on weekly basis

 Encourage your child to regularly check and organize his/her binders on a weekly basis.

You are not alone!!!

 Teachers and Guidance work together to help your child have a successful year.

 Please call the Guidance Office if you have any concerns or questions.

